

Weiman Occupational Stress Scale

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Occupational Stress in the Service Professions
Taking the Measure of Work
Occupational stress questionnaire : OSQ : user's instructions
The Palgrave Handbook of Occupational Stress
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A Comparative Study of Occupational Stress in African American and White University Faculty
Intervention in Occupational Stress
From Stress to Wellbeing Volume 1
Occupational Stress and Job Satisfaction Among African American Mental Health Professionals
Pressure Points
The Occupational Stress Index
Occupational Stress in Police Work
Managerial, Occupational and Organizational Stress Research
Occupational Stress Inventory
Occupational Stress
Occupational Stress and Productivity
Health And Safety Executive Staff
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this research involved an epidemiological survey of 17 000 randomly selected people from the bristol electoral register a follow up survey 12 months later and detailed investigation of a cohort from the original sample the results revealed that approximately 20 of the sample reported that they had very high or extremely high levels of stress at work this effect was reliable over time related to potentially stressful working conditions and associated with impaired physical and mental health

scale of occupational stress a further analysis of the impact of demographic factors and type of job

this book presents a unique theoretical and practical overview of the issues relating to stress

and burnout among healthcare professionals occupational stress offers guidance and advice on many subjects including the maintenance of a healthy workforce

bringing together renowned scholars this handbook contains innovative current empirical and theoretical research in the area of job stress the workplace is one of the major sources of stress in an individual's life placing this important topic in the context of a transactional process this work is intended to be of use to practitioners working in clinical organisational family and health psychology mental health substance abuse the military and with families and women chapters are arranged in five parts the first considering theoretical approaches with an introductory article by professor emeritus richard s lazarus next is an examination of various model testing formats followed by a section on occupational stress research and coping mechanisms fourth is a collection of articles on the subject of burnout and the book closes with two distinct interventions directed at stress reduction

workers in the service industry face unique types and levels of stress and this problem is worsening many workers and organizations are now recognizing work stress as a significant personal and organizational cost and seeing the need to evaluate a range of organizational issues that present psychosocial hazards to the workers occupation

it is well well done i will indeed recommend it this type of work has been long needed in our field robert j vanderberg university of georgia organizational researchers and managers have never had a single easy to use resource for validated measures often relying on a selection of journal articles or improvised solutions to meet immediate needs taking the measure of work a guide to validated scales for organizational research and diagnosis provides researchers consultants managers and organizational development specialists validated and reliable ways to measure how employees view their work and their organization whether preparing questionnaires or interviews for an employee survey organizational assessment dissertation or research program this book guides users to a summary level understanding of each topic area the measurement issues in the area and a selection of measures to choose from the measures cover the areas of job satisfaction organizational commitment job characteristics job stress job roles organizational justice work family conflict person organization fit work behaviors work values about the author dail l fields ph d georgia tech 1994 is associate professor at the regent university school of business his research interests include measurement of employee perspectives on work cross cultural management human resource management strategies and leadership and values in organizations he is a member of the academy of management and the academy of international business prior to beginning an academic career in 1994 he was a management executive with mci communications corp and a management consultant with touche ross co

this handbook brings together an international group of experts to offer a comprehensive resource on occupational stress including both theoretical and practical perspectives it examines ways to reduce and treat stress as well as the physiological psychosocial and neural underpinnings of it through 24 original and carefully selected essays the authors offer new insights resources and tools to better understand manage and treat stress in a professional environment the book's chapters are divided into 5 parts that address the conceptualisation of

stress present theoretical models including the contribution of animal models examine the psychological and physiological aspects of stress and ways to assess it delve into psychosocial risks at work and their assessment means and methods and investigate how to cope with stress at work including resilience training aspects such as the effects of leadership simulation training and stress tests for hiring are also presented and discussed the volume ends by exploring broader considerations regarding stress and culture stress and occupational sectors with a chapter focusing on studentship and the pharmacology of stress this handbook is an essential reference for researchers in organisational psychology as well as business and management and education who are interested in stress healthcare workers and therapists who treat stress will also find an invaluable resource in this far reaching yet accessible collection

this volume is a detailed comparative examination of occupational stress among african american and white faculty at predominantly white institutions it is an empirical analysis of an empirical issue the demise of a significant number of african american junior faculty who are unable to make it through the tough tenure and promotion reviews as the survey shows many in fact leave the area of instruction for administration early in their careers

an excellent introduction readers of this journal looking for a brief but comprehensive introduction to the field of stress management will find this book to be more than adequate for this purpose perhaps the book s greatest strength is the way it has managed to combine insights and research from both occupational psychology and clinical psychology to tackle workplace stress cary cooper would surely be pleased with the authors efforts at what he has termed clinical occupational psychology international journal of social psychiatry this practical guide focuses on the intervention strategies which can be employed by counsellors to help individuals suffering from emotional and physiological stresses engendered in the workplace with key points illustrated by case studies chapters define the nature of occupational stress and provide information about the emotional behavioural physiological and cognitive symptoms which can occur the authors also discuss the factors influencing the problem factors which can be tied to the individual to the work setting and to the larger social context specific coping strategies explored are targeted both at the individual for example relaxation training and stress management programmes and at the workplace for instance job redesign and career planning finally methods that practitioners can use to evaluate their interventions are presented in detail

a comprehensive collection by professor cary cooper and his colleagues in the field of workplace stress and wellbeing which draws on research in a number of areas including stress strain relationships sources of workplace stress and stressful occupations volume 1 of 2

of interest to occupational health psychologists industrial hygienists ergonomists as well as to labor and management inter alia the occupational stress index can also be integrated with objective measurements and expert observer assessment of job characteristics in particular the osi could detect areas for which in depth observational analysis is needed especially with a view to possibilities for practical improvements in the work environment

this title was first published in 2001 a discussion of managerial occupational and organizational stress research the volume is in seven parts the first part explores the theoretical or conceptual frameworks in occupational and organizational stress that have developed out of empirical work and work with others in different countries the second part provides the reader with reviews of literature on different topics in the field of workplace stress part three highlights a range of studies undertaken by umist and their collaborating colleagues in different institutions the research that highlights issues and problems of current relevance is found in the fourth part while the methodological studies involving instrument development refining of existing measures and more is found in part five the studies linking stress and health follows on from this and the new area of investigation evaluating stress management interventions concludes this survey of research in this field

this volume contains the proceedings of a conference on occupational stress a subject of increasing concern the psychological causes and problems of occupational stress are examined situations leading to feelings of insecurity and inadequacy along with role incongruity are seen as stress producers recent niosh psychological stress research is reviewed these studies include stress related disease and mental health incidence rates by occupation mass psychogenic contagion reaction in industry and the relationship of machine pacing and stress a study of the health consequences of shiftwork found no evidence that shiftworkers suffered from severe health problems however shiftwork might be related to decreased psychological well being the personality profile of individuals prone to develop heart disease is discussed physicians must learn to recognize this type a behavior pattern ongoing stress management programs one in an aerospace company one in a hospital are described biofeedback as one successful approach to stress reduction is described and discussed the preceding presentations are reviewed and implications for further study and action are set forth stressors specific to the individual work situation should be identified the interaction between job stressors and other life stressors must be considered particularly for working women physicians must be sensitized to signs of stress and managers must be made aware of their impact on the feelings of employees this report was submitted in fulfillment of agreement no 78 0647 by the institute of industrial relations university of california los angeles under the partial sponsorship of the national institute for occupational safety and health

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